

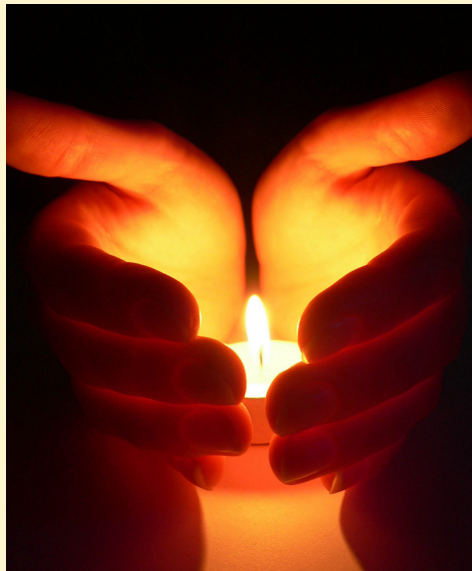
distinctions

THE QUARTERLY NEWSLETTER FOR CLIENTS AND FRIENDS OF

N E W V E N T U R E S W E S T

More than anything else, you must remember this

by James Flaherty



Something like 56 million sensory impressions come into our body at any given moment. We walk around or drive around listening to music, talking to people, reading billboards, thinking/planning/evaluating and, in midst of all that, someone or something interrupts us and takes our attention in a different direction.

Our life could be seen easily as a series of interruptions, one after another. The real question, though, is what are we being interrupted from? Isn't it often the case that what we are being interrupted from is an earlier interruption from something else?

How far back does this chain of interruptions go? And what was the starting point?

We have appointments, starting and ending times for events, dates to meet people, vacations that we put in our schedule, and the endlessly revolving cycle of recurring events, holy days, holidays, birthdays. All these interrupt our usual daily activities. But don't we go ahead and interrupt them with our daily activities—at least those that we feel we must adhere to—no matter the significance of a given day?

More interrupting of our interruptions.

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In the midst of all this it is very difficult to keep track of what we are really up to in our life. Can we, in fact, be up to anything when we are tossed around in the way I'm describing (which is, I know, on the mild side of the description—many of us live much more tempestuous lives)? What is our through line? What is the genuine ground we're standing on?

Oh, I know we all have our explanations. We can readily answer the question "what are you up to?" with a long, sometimes compelling list of our commitments, projects and relationships. Some of us have mission statements. Do these explanations, though, account for how we actually spend our time?

Is our life's reality the explanation we give to it or is it what we spend our time doing? And does it count as "doing" when it's not in our plan, when it's something that we somehow bounced into from being interrupted from what was interrupting us?

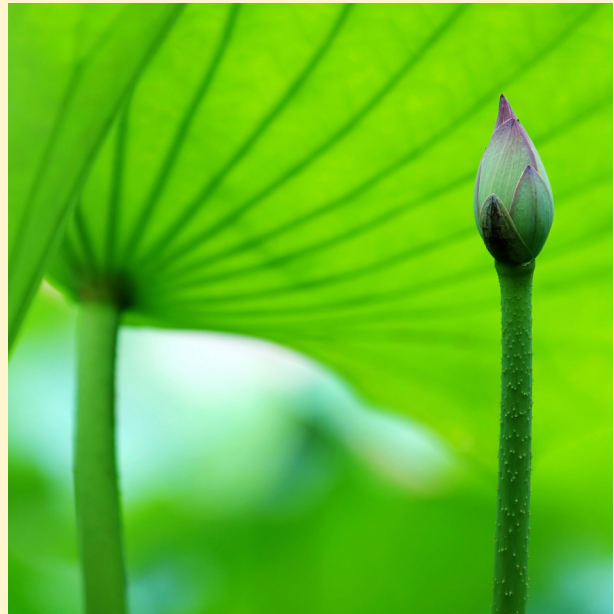
Meanwhile, our time on earth is like a flash of lightning in the sky or like the morning dew on the grass: very soon gone.

Will we be like Tolstoy's tragic protagonist Ivan Ilyich (the central character in his important short story, *The Death of Ivan Ilyich*) and catch on to our life when it's too late?

The last question is the one that is probably at the origination point for Integral Coaching.

What can minimize our spinning off into random activity and return us most quickly to what is essentially important? If we don't have good answers to that question, I think we do stand a good chance of ending up like Ivan Ilyich. So here are some of my answers.

The most important thing for us to remember is to keep coming back to our self. By our "self," though, I don't mean what is often spoken about as the "self" in our culture. I'm not referring



to the collection of preferences, desires, fears, habits, socialized views, momentum of ego and so on that we protect with so much vigor and vehemence.

Rather I'm pointing to something much more mysterious that arises in each moment and connects us to what is happening and what has happened—in a sense, a frontier of potential unique responsiveness. The culmination of all biological/social wisdom that can possibly show up just now, just this way. A phenomenon to be studied in awe and reverence rather than to be owned or controlled or identified with. Something/someone never quite done but always in process, always unfolding, always developing—sometimes quite slowly, sometimes quite quickly and dramatically. Different each time we look and made different by our looking.

I'm saying that our most important task as a human being is to keep returning to this sense, this feeling that isn't exactly an experience, that has much more precise content and boundaries, but that gives rise to all possible experiences. It's returning again and again to the one who is present, here. The one who is aware. The task

is as Jesus said to his disciples in the garden of Gethsemane (a wonderful evocative reference to our everyday life where so much is at stake and where we feel a huge pull to go to sleep): stay awake and keep watch. It's what Buddha asked us to do when he said be a lamp unto yourself. It's what all the prophets spoke about as they implored us to keep returning to the central sacred core of our being and our personal connection to something larger than our usual identity.

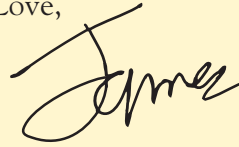
More than anything else it's important for us to build in practices, rituals, reminders that return us again and again to our self. This self-remem-

bering is the practice of breaking the trance of activity and habit that we so easily fall into and that makes us into automatons.

I think it's our only chance to be alive.

Take care of yourself.

Love,



Much more on this topic in the poems that follow and in the Practice of the Quarter and Book of the Quarter.

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Continue the Exploration at the *Coaching Roundtable!*

Living at the Edge and Returning to the Center

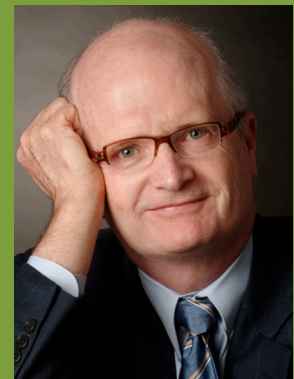
Many of us have extremely busy lives in which we feel like we are operating at the edge of our capacity much of the time. The pace and demands of such a life wears us out, puts stress on our relationships, and makes it extremely challenging for us to attend to all that's important to us. However, when we find a rhythm of returning to center—to our resourceful self—over and over again, we can integrate what's happening and grow from even the most challenging circumstance.

At our upcoming **Roundtable** you will learn about your own rhythm of extension and return so that you can simultaneously live a vibrant active life and sustain your well-being, long-term commitments and dedication to your own development.

Please join us with your guests for a day of exploration, conversation, music, relationship, and learning!

Saturday, September 10, 2011
9:30am - 4:30pm
Hotel Kabuki
1625 Post Street
San Francisco, CA 94115

Join us at this
quarter's
**FREE Coaching
Roundtable**



Read more
and register
here.

Practice of the Quarter: Self-Remembering Practice



Please take up this practice for 45 to 60 days so that it really takes root for you.

Please find something that you do several times per day, say three to five times, and use it as an occasion to return to yourself in the way outlined in the lead article of this newsletter.

For example, at the beginning of each meal (which is, by the way, one of the reasons that the practice of saying grace or blessing has passed to us through the generations), remember yourself, how you got to be you, how this food got to you, and renew your commitment to use these gifts well.

Or take some time in the moments walking between meetings to do a similar process with yourself.

Or just before you phone or text or e-mail someone important, remember yourself and your place in this wide, wide universe.

Or when you start your car or when you turn on your computer or when you wake up and fall asleep.

Or when.....

Elk at Tomales Bay

by Tess Taylor

Nimble, preserved together,
milkweed-white rears upturned,

female tule elk
bowed into rustling foxtails.

Males muscled over the slopes,
jostling mantles, marking terrain.

Their antlers clambered wide,
steep as the gorges.

As they fed, those branches twitched,
sensory, delicate,

yet when one buck reared
squaring to look at us

his antlers and his gaze
held suddenly motionless.

Further out, the skeleton.

The tar paper it seemed to lie on
was hide.

Vertebrae like redwood stumps—
an uneven heart-shaped cavern

where a coccyx curled to its tip.
Ribs fanned open



Tess Taylor

hollow, emptied of organs.
In the bushes its skull.

Sockets and sinuses, mandible,
its few small teeth.

All bare now except
that fur the red-brown color

of a young boy's head and also
of wild iris stalks in winter

still clung to the drying scalp.
Below the eye's rim sagged

flat as a bicycle tire.

The form was sinking away.

The skin loosened, becoming other,
shedding the mask that hides

but must also reveal a creature.
Off amid cliffs and hills

some unfleshed force roamed free.
In the wind, I felt

the half-life I watched watch me.
Elk, I said, I see

you abandon this life, this earth—

I stood for a time with the bones.



Malachi Black

**From “Quarantine”
by Malachi Black**

Lauds

Somehow I am sturdier, more shore
than sea-spray as I thicken through
the bedroom door. I gleam of sickness.
You give me morning, Lord, as you
give earthquake to all architecture.
I can forget.

 You put that sugar
in the melon’s breath, and it is wet
with what you are. (I, too, ferment.)
You rub the hum and simple warmth
of summer from afar into the hips
of insects and of everything.
I can forget.

 And like the sea,
one more machine without a memory,
I don’t believe that you made me.

Prime

I don’t believe that you made me
into this tremolo of hands,
this fever, this flat-footed dance
of tendons and the drapery

of skin along a skeleton.
I am that I am: a brittle
rib cage and the hummingbird
of breath that flickers in it.

Incrementally, I stand:
in me are eons and the cramp
of endless ancestry.

Sun is in the leaves again.
I think I see you in the wind
but then I think I see the wind.



**The woman with a
tumor in her neck**

has a moth in her palm,
a river on her tongue,
a scalpel in her boat,
a lump in her throat,
a gamble in her shoe,
a fire in her den,
a shadow in her flesh,
a flutter in her breast,
like everybody else.

by Wendy Vidlock



Hollow Boom Soft Chime: The Thai Elephant Orchestra

by Wendy Videlock

A sound of far-off thunder from instruments
ten feet away: drums, a log,
a gong of salvage metal. Chimes
of little Issan bells, pipes in a row, sometimes
a querulous harmonica.
Inside the elephant orchestra's audience,
bubbles form, of shame and joy, and burst.
Did elephants look so sad and wise,
a tourist thinks, her camera cold in her pocket,
before we came to say they look sad and wise?
Did mastodons have merry, unwrinkled faces?
Hollow boom soft chime, stamp of a padded foot,
tingle of renaat, rattle of angklung.
This music pauses sometimes, but does not end.

Prathida gently strokes the bells with a mallet.
Poong and his mahout regard the gong.
Paitoon sways before two drums,
bumping them, keeping time with her switching tail.
Sales of recordings help pay for their thin enclosure
of trampled grass. They have never lived free.
Beside a dry African river
their wild brother lies, a punctured balloon,
torn nerves trailing from the stumps of his tusks.
Hollow boom soft chime, scuff of a broad foot,
sometimes, rarely, a blatting elephant voice.
They seldom attend the instruments
without being led to them, but, once they've begun,
often refuse to stop playing.



Wendy Videlock

BOOK OF THE QUARTER

Saving the Appearances: A Study in Idolatry
by Owen Barfield

The author was one of the famous “inklings”: a group that included C.S. Lewis and J.R.R. Tolkien. They met extensively over many years and greatly influenced each other’s thinking and writing.

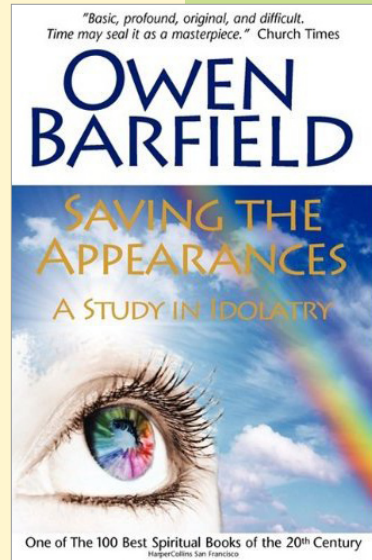
Mr. Barfield’s book is a slim tome that is rigorously thought out and exquisitely written, with no unnecessary word added and precisely the correct word always employed. Really a masterpiece of concision and argument.

The author goes about brick by brick, as it were, taking apart our common sense about the world we live in. In just a few pages he irrefutably dispenses with the notion that the world is a given and we just interact with it. I found myself amazed that he could do this without resorting once to technical language, either scientific or philosophical.

It’s probably best to read short portions of this book in one sitting, and the author’s use of short chapters makes this quite easy. Each chapter will likely leave the reader in some type of expansive fresh openness or, for some, a penetrating experience of falling. Perhaps for you both will happen. It’s very difficult to engage with this book without being deeply affected.

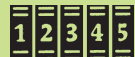
A gem of amazing erudition that somehow has fallen out of favor with the main-stream intellectual path in the West, but deserves to be widely read.

Please read it and be amazed.



Summary

Scale 0-5



Usefulness



Accessibility



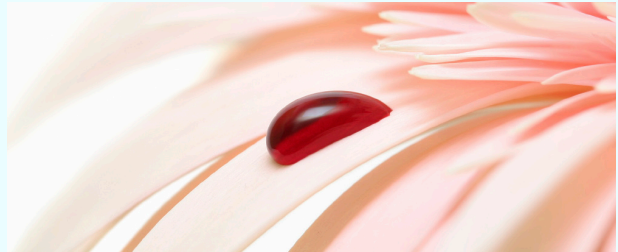
Rigor



Potential to Change Reader

Narcissistic Wounding and Narrative: Coming Home to True Nature

*This fall, senior faculty member **Sarita Chawla** is offering a new **Master Class** for grads, titled “Narcissistic Wounding and Narrative: Coming Home to True Nature.” We recently talked to Sarita about how she developed this course, and what students can expect.*



What was the impetus for designing a Master Class around this particular theme?

In our school, a few years ago we introduced the notion of narrative as a way to enable clients and students to experience a display of the “screenplay” that they are living in. It is difficult for anyone to see what they are in the middle of, because it is mostly too close in. It is like a software program quietly running in the background. By pointing poetically to the current narrative and inviting them to an alternate narrative, a client feels an invitation to change.

Collectively, the word “narrative” has also found its way to current psychology, media, philosophy and even news. There is an implicit understanding that the word “narrative” carries with it ideology, beliefs, a worldview, set of practices, stance, language and an entire way of being.

Narrative is a powerful structure and it seemed timely to invite our students into a deepening of working with this structure.

As far as narcissistic wounding, we are discovering that the early wound of not being seen and valued for who we essentially are strongly shapes who we become and, therefore, our narrative. This delicate work can profoundly free us to expand our narrative and lead more fulfilling lives. I have been studying this topic deeply for a while and have come to recognize its potential impact for our students and clients.

At the NVW Leader Retreat in Ireland, Craig O’Flaherty and Robin Parker Meredith designed an

opening module for the leaders on narrative as an opening of our work together. Divya Sethi and I designed a module on narcissistic wounding. Both of these greatly impacted our individual and collective work.

It was at the retreat that the topic came together for me and I spoke to James. We both felt that it was an important topic for our school at this time.

What in your own life/work points toward a want for a deeper exploration of this topic?

I am a student of the Diamond Approach and also in the teacher training for that work. We have worked deeply on the topic of narcissistic wounding, which had a profound impact on my own process and has freed me up. Since my husband’s death [in 2009], I have experienced a shattering of the narrative that I thought I was in. A fresh narrative has not yet emerged and I feel that I am on a threshold. We are seeing that between the current and emergent narrative is a threshold narrative. What is called for in this in-between state seems phenomenologically different. It might be one’s ability to stand in the unknown, which requires resilience of a different kind. These experiences underlie my deeper exploration and this offer to our graduates.

How do you plan to take up this exploration in this class? What can participants expect to come away with?

We will examine our current narratives and explore the forces that shaped them, including our earlier narcissistic wounds. We will work with each other to uncover and craft emergent nar-

distinctions

ratives. We will explore what ways of being and practices will support the development of a body that can live into the new narrative. Working to examine the source of our wounds, we will heal and shape a threshold narrative. We may design a rite of passage that symbolically marks the threshold.

Students can expect to come away with:

- A clearer understanding of their current narrative and the narcissistic wounds that shaped it
- A fresh narrative that responds to what life is asking of them

- Ways to work with self and clients on narrative and narcissistic wounding
- An understanding and practice of how to work with discerning and crafting narratives for clients.

Anything else you'd like to say about the class or the topic?

We'll have fun with music, inquiry, dialogue, art, meta-narratives and each other.

The Master Class is taking place in San Francisco on October 6-7. Register here.



*Unwritten
Falling or flying?
Petal quivers
Mid air fragrance hovers.
—Sarita Chawla*

PCC Leaders' Retreat

Each year, members of the New Ventures West leader body gather for their annual retreat to reconnect to themselves, one another, and the work they do at NVW. Faculty from South Africa, Canada, India, and the US gathered in Killarney, Ireland for a powerful week of exploration and evolution of the dynamic, alive work that is Integral Coaching.

Steve March and **Charles Brassard** were officially promoted to senior faculty members. Congratulations Steve & Charles!

The group further examined and developed the Integral Coaching methodology. First, they clarified and expanded our understanding of narrative. To the three questions that define narrative in our methodology—Who am I? Who are others? What am I to do?—a fourth question was added that expands the inquiry into Human Domain 4: “How do I use this in the world?”



The leaders also developed the new “threshold narrative,” which addresses the process of transition that happens within a coaching program. This narrative, which a person occupies after departing from his or her current narrative and before embodying a new one, facilitates the change process by allowing him or her to examine how change usually shows up in life. It comprises questions like, “How did life



show up for you during previous periods of change? What has worked in the past to allow for change? What hasn't worked?"

These new concepts will be folded into the curriculum moving forward. Also, the study of narcissistic wounding, historically introduced at the outset of Session 4 of the PCC, will now begin during Session 1. According to James, this shift is meant to provide students with "a more comprehensive approach and methodology to the deep emotional challenge that arises for us when we look, undefended, into our life and attempt profound change."

Opening New Territory

In June, James and Enneagram Institute co-founder Russ Hudson led a rigorous weeklong course on the Enneagram and Integral Coaching in San Francisco. The training, now in its second year, was attended by approximately 60 people from both the NVW and Enneagram Institute communities, hailing from around the US, Canada, the UK and South Africa.

During the course, Russ and James re-framed Enneagram work as not a way of transcending the habits that hold us back, but rather a recognition of those behaviors as a longing to connect to our essential nature, and as well-intended, subconscious efforts to "get back home." With focus on harmonic groups, shadow work and the core strengths and longings of each Enneatype, the week re-connected participants to the work of helping clients (and themselves) become more fully human and falling back in love with their lives.

Several students reported life-changing shifts over the course of the week. Here is just some of the feedback we've received:

"The REAL magic of this experience was the result of the emerging intersection of the two domains; James and Russ demonstrated their mastery and inspired us all with their wisdom and commitment to help us to 'return home' to our true essence."

– Michelle Goins
SVP, Juniper Networks

"Opening New Territory provided an opportunity to deepen my personal experience with the Enneagram while also highlighting coaching perspectives useful to me as a coach. I understood the deeper purpose of the Enneagram and found a new appreciation for my own strengths and style as well as the strengths of others. The learning and use of the harmonics groups was especially helpful; understanding what clients may both seek—and what they may avoid—helps to shape my coaching conversations."



– Susan Muck
Founder, Insight Leadership

"This class was an amazing journey of personal, spiritual and professional development. The presence, knowledge, and compassion that both James and Russ bring to their teaching sets the foundation and opens new possibilities for transformation."

– Patty McCourt
Founder, Insight Leadership

Due to the overwhelming response to this training, we have already scheduled next year's program to take place in San Francisco from June 11-16, 2012. Receive \$100 off your tuition when you register by the end of 2011.

Read more about the course and register here.

L'engagement de tout son être

*As Integral Coaching spreads around the world and our community continues to diversify, classes are now taking place in three languages! Here **Pamela Pritchard**, senior faculty member in Ottawa, Canada, greets our French-speaking readers.*

Que signifie le fait d'offrir ou de suivre le cours de Coaching professionnel en français? L'expérience nous a montré que le programme prend une toute autre dimension pour les participants lorsque ceux-ci le suivent dans leur langue maternelle. Notre langue et notre culture exercent une grande influence sur notre façon de penser, d'agir, de ressentir, d'entrer en relation avec les autres d'interagir avec notre environnement. S'il est vrai que les mots créent le monde, il nous apparaît essentiel non seulement de tenir compte de toutes les nuances culturelles pouvant entrer en ligne compte dans nos relations avec nos clients, mais de les utiliser et de leur donner vie. Pour créer un programme de formation solide, cohérent et pragmatique, nous croyons qu'il est nécessaire de l'adapter à la culture des participants sous toutes ses dimensions, qu'il s'agisse de musique, de poésie, de beaux-arts, de modèles culturels, de métaphores, de références, de livres, de politique, d'histoire, etc.

L'approche et la philosophie du développement intégral fonctionnent à merveille en français. La



plongée dans la magie de l'art dans la langue de Molière ouvre la voie à tout un monde d'expériences à explorer, à la fois pour le coach et pour le client. L'approche intégrale honore la complexité de chaque client et met les participant au défi au niveau de la créativité et de la rigueur. En étant plus présents à eux-mêmes, ceux-ci améliorent leur capacité à entrer en contact avec leurs clients, ce qui accroît la qualité de leur coaching.

La langue est importante. Utilisée de façon appropriée, elle contribue à approfondir l'universalité de l'expérience humaine. Elle permet de s'engager de tout son être.

Pour en savoir davantage sur les cours que nous offrons en français, consulter notre site:

www.convivium.com

Integral Coaching Around the World

New Ventures West is now offering courses in three languages on five continents! Here are a few of our worldwide offerings. More information can be found on our Course Schedule (page 16) and our [website](#).

SINGAPORE

Coaching to Excellence September 14-15
Professional Coaching Course Begins February 2012

CANADA

Integral Development Coaching September 7-9, 2011
Professional Coaching Course Begins November 2011

LONDON

Free Coaching as a Guest Client September 23, 24
Coaching to Excellence September 6-7
Professional Coaching Course Begins October 2011

COPENHAGEN

Professional Coaching Course Begins March 2012

N V W GRADUATE DEPT

THE GRAD BLAST

for graduates of the *Professional Coaching Course*
by Maryellen Myers, Director of Graduate Development

Welcome new readers!

I just returned from the **Second World Congress on Positive Psychology** held in Philadelphia, PA (no, I did not have a Philly cheese steak). In the midst of the event (as I attempted to escape the triple-digit heat wave), I found myself thinking about and feeling grateful for the way our work as Integral Coaches contributes to the body of knowledge in the world of learning, service and—yes—positivity. It was revealing and inspiring to meet participants at the conference from all over the globe who had heard of New Ventures West and expressed such admiration for our work. (So if any of you would like to do some couch surfing, let me know. I may be able to hook you up...)

NVW grads in SoCal: New Ventures West will be presenting at the ICF-Orange County Chapter Annual Coaching School Event on August 11, 2011. But more than that, I thought it would be fun to organize a casual “NVW grads of SoCal” social gathering that same day. Feel free to train, boat or plane to show up. If you are local, I suppose driving would also work—no wait, it’s in Los Angeles—maybe a helicopter? Our dear **Cynthia Luna (2005)** will be demonstrating Integral Coaching at the event, and so far I have heard from at least eight NVW grads who are planning to come to the event, cheer Cynthia on and connect. If you would like to attend this event, please pre-register at www.icforangecounty.org, as it sells out, and let me know if you are planning to attend so I can save you a seat. I will see you there—remember to use the secret handshake!

Get found on the NVW website: Many of our certified grads have not gotten themselves listed in the “Find a Coach” section on our website, which is a



Kim Talley and Vernita Parker

Special thanks goes out to our UBER COOL, east of the Rockies grads – **Cheryl Jordan (1998)**, **Vernita Parker (2001)**, **Kim Talley (2009)** and **Kathy Vizachero (2006)**. They magnificently represented New Ventures West at the Capital Coaches Conference in Washington DC on June 2. From what I heard, they did a capital job (I crack myself up).

But wait, there’s more! **Sri Dasgupta (2003)**, another east coast grad, did a positively fabulous job working with me at the (you guessed it) **Positive Psychology conference** this past July. Want to know another amazing piece of information about Sri? About seven months ago she founded Upohar, a catering service that hires resettled refugees and new immigrants as cooks. Upohar, which means “gift” in Bengali, offers these women the opportunity to rebuild their lives and become part of our community while sharing their cuisines and cultures with us.

benefit of completing and maintaining your certification. Make this a part of your online presence and update or complete the details of your profile. It's easy ... just sign on to the students / graduates section and follow the prompts. (If you need help, you can contact Jill Clark at jill@newventureswest.com.) You can add your picture, a link to your website, your sign, your favorite color ...

ICF CORNER

The International Coach Federation is in the process of changing its credentialing system. Through 2012, however, individuals may apply for ACC, PCC and MCC credentials in a new streamlined version online under the current requirements. Members who receive these credentials or hold these credentials may keep them for the duration of their professional career. For more details regarding applying for your credential go to <http://www.coach-federation.org>—and once you receive your ACC, PCC or MCC, please let me know for celebratory reasons.

Nearly five years has passed since the ICF conducted its landmark **Global Coaching Study** in late 2006, and now is the time to repeat this innovative study. By completing the study's online survey, you can help bring the global coaching landscape of coaching in 2011 into clearer focus. By clicking on the survey link (www.coachingstudy2011.com), you will be directed to a PricewaterhouseCoopers site (who was hired by ICF to conduct the survey), where you will be asked to confirm your e-mail address and be guided through to the full survey. All coaches, both ICF members and nonmembers, are invited to participate in the study. This is a chance to add your two cents!



Ix-nay on the onut-day??? That depends. According to a recent study by Timothy Judge (University of Florida) and Daniel Cable (University of North Carolina), **there is a relationship between gender, obesity, and earnings.** This relationship shows a gender double-standard: heavier men tend to earn more than lighter men, but heavier women tend to earn less than lighter women. Weight gain in men leads to increases in pay. In contrast, weight gain in women leads to decreases in pay. Simply put, as men gain weight their earnings tend to increase, and when they lose weight, their earnings tend to decrease.

Vegas, BABY!! For a limited time only, our very own **Christy Svanemyr (2003)** will be appearing at the Mandalay Bay Resort and Casino this September 24-27 at the **ICF International Conference.** Please stop by the New Ventures West booth to make your own appearance and to connect with her and other NVW grads. Please e-mail me at grads@newventureswest.com if you're planning to be there. Check it out now—this is the last conference being held in the US for three years (start saving up those frequent flyer miles). Vegas terms to brush up on: snake eyes, box cars, dead man hand, hit me ...



Sara Collins (2010) would like to introduce you to Ashley Grace Collins. Ashley was born on Monday, June 13th at 9:44 am, weighing 8 pounds 9 ounces and measuring 20 3/4 inches long. Sara wrote to me, "We are back at home and feeling very blessed with the newest addition to our family. With Love, Sara, Daniel and Charlotte."

Keepin' it real,
MEM

In loving memory



Lynn Hickerson

Lynn Russell Hickerson, one of James's earliest students and a longtime member of the NVW community, died peacefully Friday, April 15, 2011, surrounded by friends in her home in Orrington, Maine. She was 68.

Born and raised in Ohio, Lynn was a dedicated flute player and music lover, performing and recording with her husband Joe. She was an avid community activist, primarily in the area of maritime preservation.

Lynn received a degree in marriage and family therapy from Antioch New England, and integrated her coaching practices into her work. She worked with the St. Michael's Center Home-based Family Therapy Program until 2006. She helped lead a successful legislative campaign to enable state licensing of private family therapists and provide health insurance coverage for their patients. Recently, when asked why she had finally chosen family therapy for her life work, she replied, "I wanted to prevent needless suffering."

In the 1990s Lynn began renovating an old farmhouse outside of Bangor, Maine, where she lived, gardened and cared for her four sheep. She attended NVW's Coaching Reunion Weekends for 18 years in a row.

Lynn is survived by her son, Michael James Hickerson of Brooklyn, N.Y.

A memorial gathering for family and friends was held in June in Orrington, Maine and another will be held in September at a time to be announced in Yellow Springs, Ohio. Please visit www.caringbridge.org/visit/lynnrhickerson for more information.

Congratulations and welcome to our new grads

- Terri Altschul, Townsend, DE, USA
- Kristin Cobble, San Francisco, CA, USA
- Carrie Coltman, Palo Alto, CA, USA
- Peggy Costello, Palo Alto, CA, USA
- Lena Epshteyn, Plymouth, MN, USA
- Marianne Godwin-Brown, San Diego, CA, USA
- Nancy Hill, Boulder Creek, CA, USA
- Marina Illich, Mill Valley, CA, USA
- Adrienne Kernan, San Francisco, CA, USA
- Manuel Manotas, San Francisco, CA, USA

- Cindy McVay, Rocklin, CA, USA
- Kinshasa Minott, Kingston, JAMAICA
- Arden Pennell, Chicago, IL, USA
- Russ Russell, Albuquerque, NM, USA
- Greg Smith, Prescott, AZ, USA
- Victoria Smith, Prescott, AZ, USA
- Cecilia Wigley, Morgan Hill, CA, USA
- Angie Witmer, Des Moines, IA, USA
- Paola Zubirán, Hacienda de Coyoacan, Distrito Federal, MEXICO

COURSE SCHEDULE

FREE PROGRAMS

COACHING ROUNDTABLE

One-day introduction to Integral Coaching and an opportunity for graduates to reconnect and discuss a new coaching topic.

San Francisco September 10
 Cost: Free

VIRTUAL ROUNDTABLE

Free one-hour teleclasses on topics germane to Integral Coaching. All calls take place from noon-1 p.m. Pacific Time.

August 26 with James Flaherty
 Topic: "Living at the Edge and Returning to the Center"

September 28 with Sarita Chawla
 Topic: "Staying Present to Strong Emotion"

Cost: Free

MEET THE LEADER CALL

Free one-hour calls hosted by leaders of the Professional Coaching Course. All calls take place from noon-1 p.m. Pacific Time.

September 7 with James Flaherty
 October 5 with Sarita Chawla
 Cost: Free

FREE COACHING AS A GUEST CLIENT

Spend a half or full day being coached by a highly trained student. Experience Integral Coaching firsthand and come away with fresh insights and practices.

Chicago August 26, 27
 London September 23, 24
 San Francisco September 23, 24
 October 1
 Washington DC October 29
 Cost: Free

COACH BUILDING BLOCKS

COACHING TO EXCELLENCE

Two interactive days on the foundations of Integral Coaching.

London September 6-7*
 October 3-4*
 Singapore September 14-15*
 (note new dates)
 San Francisco September 27-28
 November 14-15
 Boston (NEW CLASS!) November 2-3
 Cost: \$695 in the U.S.

*See our website for international pricing

NVW offerings can qualify you for annual recertification renewal as an Integral Coach®. Not sure of your status? Contact Maryellen Myers at grads@newventureswest.com.

INTEGRAL COACHING PRINCIPLES

Three-day exploration of Integral Coaching for current coaches, counselors, and HR and OD professionals from all schools of training.

San Francisco August 9-11
 Montréal September 7-9*

(in French)

Ottawa September 7-9*

Washington DC (NEW CLASS!) February 7-9, 2012

Cost: \$1,275 in the U.S.

*See our website for international pricing

COACH AS ENTREPRENEUR

Build your business as a coach by finding your unique gifts and developing your skills and way of being as an entrepreneur.

San Francisco December 5-7

Cost: \$1,495

COACH CERTIFICATION

PROFESSIONAL COACHING COURSE

Certification program for independent and corporate coaches. Year-long programs begin:

London November 2011*

Montréal November 2011*

(in French)

Ottawa November 2011*

San Francisco September 2011

November 2011

Singapore February 2012*

Cost: \$9,500 in the U.S.

*See our website for international pricing

GRADUATE PROGRAMS

BOOK STUDY GROUP WITH JAMES

Monthly conference calls with guest authors applying current texts to Integral Coaching.

Quarters begin January, April, July, October

Cost: \$375/quarter

NEW! MASTER CLASS WITH SARITA CHAWLA

A new Master Class for grads titled "Narcissistic Wounding and Narrative: Coming Home to True Nature."

San Francisco October 6-7

Cost: \$475

THE ENNEAGRAM AND INTEGRAL COACHING

A weeklong intensive for both beginning and experienced coaches.

San Francisco June 11-16, 2012

Cost: \$1,495

THWARTING THE INNER CRITIC

An experiential dive into working with the superego.

San Francisco December 9-10

Cost: \$675